

The following healthcare expenses qualify for reimbursement Under a Health Reimbursement Account.*
Only healthcare expenses not reimbursed by insurance can be claimed.

Acupuncture (excluding remedies and treatments prescribed by acupuncturist)
 Alcoholism treatment
 Ambulance
 Artificial limbs/teeth
 Chiropractors
 Contact lenses and solutions
 Co-payments
 Costs for physical or mental illness confinement
 Crutches
 Deductibles
 Dental fees
 Dentures
 Diagnostic fees
 Dietary supplements and vitamins with doctors letter of medical necessity
 Drug and medical supplies (syringes, needles, etc.)

Endodontist fees
 Eyeglasses prescribed by your doctor
 Eye examination fees
 Eye surgery (cataracts, LASIKS, etc.)
 Hearing devices and batteries
 Home health care
 Hospital bills
 Insulin
 Laboratory fees
 Obstetrics and fertility
 Oral surgery
 Orthodontic fees
 Orthopedic devices
 Osetopath fees
 Over-the-counter drugs that are medically necessary like allergy medications, aspirin, or antacids.
 Oxygen
 Periodontist fees

Physician fees (cosmetic procedures not eligible)
 Podiatrist fees
 Prescribed medicines
 Psychiatric care
 Psychologist and psychiatrist fees
 Radiology
 Routine physicals and other non-diagnostic services or treatment
 Smoking cessation over-the-counter drugs with doctor's letter of medical necessity
 Weight loss programs with a doctor's letter of medical necessity
 Wheelchair
 Vitamins, with doctor's letter of medical necessity
 X-rays and MRI

Items requiring a physician's letter listing a medical condition making the item necessary.*

Bedpans and ring cushions
 Boost/Pediasure
 Foot Spa
 Herbs
 Massagers
 Massages
 Minerals
 Multivitamins
 Oxygen
 Reconstructive surgery in connection with birth defect, disease, or accident.
 Special supplements
 Special school for disabled child

Healthcare expenses that do not qualify for reimbursement under an FSA plan.*

Cosmetic surgery, procedures, and/or medications
 Dental bleaching
 Hair restoration (procedures, drugs, or medications)
 Health club or gym memberships for general health
 Marriage and family counseling
 Over-the-counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician
 Weight loss programs for general health or appearance
 Mail order prescriptions from another

<p><u>Accepted Over-The-Counter (OTC) items</u></p> <p>Antiseptic wash or ointment Antiseptic mouthwash Benzocaine swabs Boric acid powder First aid wipes Hydrogen peroxide Iodine tincture Rubbing alcohol Sublimed sulfur powder</p> <p>Asthma Medications Bronchodilator/Expectorant tablets Bronchial asthma inhalers</p> <p>Cold, Flu, and Allergy Medications Allergy medications Cold relief(liquid,tablets,or drops) Cough relief (liquid, tablets, or drops) Flu relief (liquid,tablets,or drops) Homeopathic sinus medications Medicated chest rub Nasal decongestant (drops, inhaler, spray, or strips) Sinus & allergy nasal spray Sinus medications Vapor patch cough suppressant</p> <p>Diabetes Diabetic lancets Diabetic needles Diabetic supplies Diabetic syringes Diabetic test strips Glucose meters Glucose tablets</p>	<p>Ear/Eye Care Airplane ear protection Ear drops for swimmers Ear water-drying aid Earwax removal drops Homeopathic earache tablets Contact lens solutions</p> <p>Health Aids Anti fungal treatments Denture adhesives Diuretics and water pills Hemorrhoid relief Incontinence supplies Lice control Medicated bandages Motion sickness tablets Respiratory stimulant ammonia Sleeping aids</p> <p>Pain Relief Arthritis pain reliever Bunion and blister treatments Itch relief Orajel Pain relievers Throat pain medications</p> <p>Personal Test Kits Cholesterol tests Colorectal cancer screening test Home drug tests Ovulation indicators Pregnancy test</p>	<p>Skin Care Acne medications Anti-itch lotion Bunion and blister treatments Cold sore and fever blister medications Diaper Rash ointment Eczema cream Medicated bath products Wart removal medications</p> <p>Stomach Care Acid reducers Antacid gum Antacid liquid Antacid tablets Anti-diarrhea medications Gas prevention (liquid, tablets,or drops) Ipecac Syrup Laxatives Pinworm treatment Prilosec Upset stomach medications</p>
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OTC items-requires doctor letter

Adhesive or elastic bandages
Blood pressure meter
Cold or hot compresses
Eye drops
Foot spa
Gauze and tape
Gloves and masks
Herbs
Leg or arm braces
Massages
Massagers
Minerals
Multivitamins
Saline nose drops
Special supplements
Special teeth cleaning system
Thermometers
Vitamins

OTC items-not acceptable

Aromatherapy
Baby bottles and cups
Baby oil
conditioner
Baby wipes
Blistex/Chapstick
Breast enhancement system
Cosmetics
Cotton Swabs
Dental floss
Deodorants
Facial care
Feminine care fragrances or facial care products
Feminine hygiene products
Hair re-growth
Insoles
Low “carb” foods
Low calorie foods
Oral care
Petroleum Jelly
Shampoo &
Skin care
Spa salts
Sun clips
Sun tanning products
Toothbrushes