

The following healthcare expenses qualify for reimbursement under a **Flexible Spending Account (FSA) plan**.*

Only healthcare expenses *not* reimbursed by insurance can be claimed.

Acupuncture (excluding remedies and treatments prescribed by acupuncturist)	Endodontist fees	Physician fees (cosmetic procedures not eligible)
Alcoholism treatment	Eyeglasses prescribed by your doctor	Podiatrist fees
Ambulance	Eye examination fees	Prescribed medicines
Artificial limbs/teeth	Eye surgery (cataracts, LASIK, etc.)	Psychiatric care
Chiropractors	Hearing devices and batteries	Psychologist and psychiatrist fees
Christian Science practitioner's fees	Home health care	Radiology
Contact lenses and solutions	Hospital bills	Routine physicals and other non-diagnostic services or treatments
Co-payments (doctor, dental, vision, pharmacy)	Insulin	Smoking cessation over-the-counter drugs
Costs for physical or mental illness confinement	Laboratory fees	Smoking cessation programs
Crutches	Laser eye surgery	Surgical fees
Deductibles	Office visits	Weight loss over-the-counter drugs with doctor's letter of medical necessity
Dental fees (cosmetic procedures not eligible)	Obstetrics and fertility	Weight loss programs with a doctor's letter of medical necessity
Dentures	Oral surgery	Wheelchair
Diagnostic fees	Orthodontic fees	Vitamins, with doctor's letter of medical necessity
Dietary supplements and vitamins with doctor's letter of medical necessity	Orthopedic devices	X-rays and MRI
Drug and medical supplies (syringes, needles, etc.)	Osteopath fees	
	Over-the-counter drugs that are medically necessary like allergy medications, aspirin, or antacids.	
	Oxygen	
	Periodontist fees	

Items *requiring a physician's letter* listing a medical condition making the item necessary.*

Bedpans and ring cushions
 Boost®/Pediasure®
 Foot Spa
 Herbs
 Massagers
 Massages
 Minerals
 Multivitamins
 Oxygen
 Reconstructive surgery in connection with birth defect, disease, or accident.
 Special supplements
 Special school for disabled child
 Special teeth cleaning system
 Therapeutic support gloves
 Vitamins
 Weight loss programs and fees pertaining to a specific disease
 Wigs for hair loss caused by disease

Healthcare expenses that *do not qualify* for reimbursement under an FSA plan.*

Cosmetic surgery, procedures, and/or medications
 Dental bleaching
 Hair restoration (procedures, drugs, or medications)
 Health club or gym memberships for general health
 Marriage and family counseling
 Over-the-counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician
 Weight loss programs for general health or appearance
 Mail order prescriptions from another country
 Premiums you or your spouse pay for insurance coverage (Payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan.)

**Plan restrictions may apply. Check with your plan administrator.*

Antiseptics

- Antiseptic wash or ointment for cuts or scrapes
- Antiseptic mouthwash
- Benzocaine swabs
- Boric acid powder
- First aid wipes
- Hydrogen peroxide
- Iodine tincture
- Rubbing alcohol
- Sublimed sulfur powder

Asthma Medications

- Bronchodilator/Expectorant tablets
- Bronchial asthma inhalers

Cold, Flu, and Allergy Medications

- Allergy medications
- Cold relief (liquid, tablets, or drops)
- Cough relief (liquid, tablets, or drops)
- Flu relief (liquid, tablets, or drops)
- Homeopathic sinus medications
- Medicated chest rub
- Nasal decongestant (drops, inhaler, spray, or strips)
- Sinus & allergy nasal spray
- Sinus medications
- Vapor patch cough suppressant

Diabetes

- Diabetic lancets
- Diabetic needles
- Diabetic supplies

- Diabetic syringes
- Diabetic test strips
- Glucose meters
- Glucose tablets

Ear/Eye Care

- Airplane ear protection
- Ear drops for swimmers
- Ear water-drying aid
- Earwax removal drops
- Homeopathic earache tablets
- Contact lens solutions

Health Aids

- Anti fungal treatments
- Denture adhesives
- Diuretics and water pills
- Hemorrhoid relief
- Incontinence supplies
- Lice control
- Medicated bandages
- Motion sickness tablets
- Respiratory stimulant ammonia
- Sleeping aids

Pain Relief

- Arthritis pain reliever
- Bunion and blister treatments
- Itch relief
- Orajel®
- Pain relievers, aspirin and non-aspirin
- Throat pain medications

Personal Test Kits

- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy tests

Skin Care

- Acne medications
- Anti-itch lotion
- Bunion and blister treatments
- Cold sore and fever blister medications
- Corn and callus removal medications
- Diaper rash ointment
- Eczema cream
- Medicated bath products
- Wart removal medications

Stomach Care

- Acid reducers
- Antacid gum
- Antacid liquid
- Antacid tablets
- Anti-diarrhea medications
- Gas prevention (liquid, tablets, or drops)
- Ipecac syrup
- Laxatives
- Pinworm treatment
- Prilosec®
- Upset stomach medications

OTC items - requires doctor letter*

- Adhesive or elastic bandages
- Blood pressure meter
- Cold or hot compresses
- Eye drops
- Foot spa
- Gauze and tape
- Gloves and masks
- Herbs
- Leg or arm braces
- Massages
- Massagers
- Minerals
- Multivitamins
- Saline nose drops
- Special supplements
- Special teeth cleaning system
- Thermometers
- Vitamins

OTC items - not acceptable*

- Aromatherapy
- Baby bottles and cups
- Baby oil
- Baby wipes
- Blistex®/Chapstick®
- Breast enhancement system
- Cosmetics
- Cotton swabs
- Dental floss
- Deodorants
- Facial care
- Feminine care fragrances or facial care products
- Feminine hygiene products
- Hair regrowth
- Insoles
- Low "carb" foods
- Low calorie foods
- Mouthwash
- Oral care
- Petroleum jelly
- Shampoo and conditioner
- Skin care
- Spa salts
- Sun clips
- Sun tanning products
- Toothbrushes

*Plan restrictions may apply. Check with your plan administrator.